



Debbie Watkins

HEALTH SCREENING WITH ASYRA PRO

TERMS OF CONSULTATION

Recommendations made by Debbie Watkins are designed to improve your level of health and well-being, contribute to achieving your health goals and to enable you to enjoy increased quality of life on a physical and mental level. Please take careful note of the following:

- You are responsible for contacting your GP or specialist about any health concerns you may have.
- You are recommended to advise your GP about any treatment protocol you are following.
- It is important to tell Debbie about any medical diagnosis, prescription medication, food or herbal supplements you are taking as it may affect the Debbie's recommendations.
- Please report any concerns about your programme to Debbie for discussion at your next consultation.
- Please take note of the time frame recommended for each part of the treatment plan and continue only as long as prescribed or check with Debbie before continuing.